



A woman came to see one of our volunteer physios, two months earlier she had had a lung removed due to a tumour. She hadn't received an exercise plan and had no post-operative physio follow-up arranged. She was experiencing difficulty in breathing, had neck and back pain and felt she had a blockage in her oesophagus where food was getting stuck. Over a period of a week, our physio was able to help clear the blockage, educated her in the use of a respiratory device, eased her spinal pain and with the help of another of our volunteers, gave her confidence to begin an exercise plan. If we hadn't been there to help her, her health would have steadily declined.

It is health outcomes like these that drive SOS Health and with your help, we can ensure more success stories. We invite you to support us by participating in our Workplace Giving program.



Workplace Giving Program

HEALTH for all Australians
... because People matter!

SOS Health Foundation provides and manages the delivery of physiotherapy and related health services for people in need in urban and remote communities.

- Over **700** Indigenous Australians have regular access to physiotherapy in their own homelands in remote NE Arnhem Land for the first time through our Health Outreach Program.
- The first dedicated full time physiotherapy practice for an indigenous community anywhere in Australia is now serving the **3,500+** population on Palm Island where only limited services were previously available.
- Significantly impacting on the pain and dysfunction of **137** homeless people in Melbourne and Brisbane who otherwise would not have received attention.

What is Workplace Giving?

Workplace giving allows businesses and employees to invest in the community and build a reputation as a socially responsible business. It is a simple and effective way for employees to regularly donate through automated payroll deductions to the SOS Health Foundation to fund its various programs.

Who can contribute?

Everyone has the opportunity to contribute directly to the SOS Health Foundation through regular before tax Workplace Giving.

How does Workplace Giving benefit the Employer?

Employees give in a smarter, tax-effective way and build a sense of pride in their employer.

How does Workplace Giving benefit the Employer?

Employers can enjoy greater staff engagement, reputation and social impact.

How does Workplace Giving help the SOS Health Foundation?

Small regular donations add up quickly. If 50 employees were to contribute just \$30 per month for a year enough money would be raised to send a team of two physios on Health Outreaches to NE Arnhem Land for a week, four times per year. Or, we could setup two additional Probono Clinics in other States.

It is hoped the Workplace Giving program will provide a solid, regular income stream for the SOS Health Foundation. Workplace Giving programs typically have much lower administrative costs associated with them than other types of fundraising. 100% of donated dollars go directly to fund health services for disadvantaged people and communities around Australia.

What happens at tax time?

In a pre-tax workplace giving system you will have already received the tax benefit throughout the year for your donation.

How do I get started?

Simply fill in the Workplace Giving form and return it to Payroll at your practice.

Workplace Giving Program Form

I would like to participate in a Workplace Giving Program to support the work of SOS Health Foundation.

PAYROLL DETAILS

Name.....

| | |
|------------|--|
| Amount: \$ | Pay cycle: Fortnightly <input type="checkbox"/> Monthly <input type="checkbox"/> |
|------------|--|

SOS Health Foundation Bank Details

| | | |
|-------------------------------------|--------------|---------------------|
| Bank: Westpac | BSB: 033-372 | Account No: 38-8334 |
| Account Name: SOS Health Foundation | | |

Approval and Declaration

I authorise my Employer to implement the Workplace Giving arrangements stated above, from the next available pay and until further notice. I understand the workplace giving deductions will be made from my pre-tax pay, so that I will receive the benefit immediately. I understand that once a deduction is made it cannot be recovered. I acknowledge that donations made under this arrangement are made voluntarily and unconditionally.

Signature: Date:/...../.....

For further information check out the ATO website or contact Lynda Cunningham at the SOS Health Foundation on (03) 8762 4070.